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Founders' Day Parade Always A Good Show

Board Game Theme Hardly Boring

by **Keri McAlpine**

The stretch of Fifth Avenue from Gall Boulevard to 17th Street was lined with excited spectators early Saturday morning, setting up lawn chairs to reserve their front row view of the 107th annual Founders' Day parade. Music streaming from speakers at Time Square made for a jolly atmosphere as residents young and old waited for the march to begin.

The hour-long parade started promptly at 10 a.m., with Master of Ceremonies Greg First narrating the

Founders • Continued on Page 8A



Rainbow Village won the best overall float award for their entry of Clue, but Professor Plum better watch his back as Mrs. Peacock stands ready with a candlestick.

Photos by **Dave Walters**

Majestic Oaks Residents Shuffle In To Win

Leisurely Game Sees Fierce Competition

Submitted by **Wendy Parsels**

Majestic Oaks Carefree RV Resort



A lot of shufflers turned out for the annual shuffleboard tournament.

Photo by **Russ Klontz**

Warmer weather is spreading across Florida and many snowbirds are enjoying one of the oldest sports on record, a sport that was played by royalty in the 16th century. A sport with a hall of fame so hard to get into very few people grace its halls. That sport is... shuffleboard.

OK, shuffleboard may not require its athletes to be at the peak of their physical condition, but that fact makes it popular. Shuffleboard requires very little physical exertion, which is great for players who are out for a leisurely game.

Majestic • Continued on Page 7A

Hillcrest RV Resort Offers Breakfast Weekly

Residents Add Flair To Most Important Meal of the Day

Submitted by **Carolyn Ledford**

Hillcrest RV Resort

Thanks to a fantastic volunteer breakfast crew here at Hillcrest, all residents have the opportunity to eat breakfast "out" at our clubhouse from 8 to 9 a.m. each Monday morning from November through March.

Pat Bower heads up the group that provides several selections each week and a specialty item once a month. Scrambled eggs, sausage, bacon, toast, pancakes, biscuits and gravy and baked beans are always on the menu along with, of course, orange juice, coffee and tea.

The monthly specialty menu item is always a special treat. A couple of weeks ago, it was strawberries and whipped cream on pancakes. Coming soon will be orange blossom French

Hillcrest • Continued on Page 12A



Jan Moulaison puts toast on a plate already loaded with eggs and sausage held by Clarence Crawford, who will deliver the order to the proper resident. Beside Jan is Kerry Arsenault and Florence Crawford who are also loading plates. At the end is Wilson Brown who has just reloaded one of the pans from the kitchen.

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As Natural As Can Be

Living Food Bakery Uses Farm-Fresh Ingredients

Story and photos by Keri McAlpine

When Vicky Lin moved to Florida from New York City, she was excited for the change. Her husband, Bernard, had started a new job in St. Petersburg cooking and baking. Even though Vicky decided she didn't care for the St. Pete area, she soon found a 17-acre farm in Dade City and immediately fell in love with it.

Today, she grows a variety of fresh fruits and vegetables and raises animals on the farm and now her products are used in her new business venture: Living Food Farm Fresh Bakery and Café.

Farm products are displayed on the bamboo-decorated store shelves to go along with the murals painted by her daughters and the smell of freshly baked breads and cakes.

Goat's milk tiramisu, gluten-free pumpkin tapioca pie, lemongrass tea



Vicky Lin is the co-owner of Zephyrhills' newest bakery and café, Living Food Farm Fresh.

and sunflower tea are just a handful of products made fresh in the bakery, all from ingredients produced at her farm. The Lin farm is chemical free and all animals are hormone free and free range, considered the most important factor for the owners.

"Once you use any chemical the food doesn't taste right and it adds the bad stuff to your body," Vicky said. "Our cakes and breads are pretty much lighter than most American pastries. That's what we're trying to introduce ... healthier eating and healthier drinking."

Since their grand opening a month ago, the bakery has seen a steady influx of new and returning customers, eager to try out the latest concoctions and pastries.

Vicky brews two different hot teas every morning, and she and her husband are constantly working together to think of their next best idea. On Feb. 27, she said they were perfecting a new wheat bread with their favorite ingredient, moringa, which she was excited to put up for sale.

Moringa is Vicky's pride and joy. She came across the unique tree when she used to wander a farmers market in St. Pete on Saturday mornings. She was searching for new crops for her farm; for something unique and healthy to introduce to locals in Zephyrhills.

"The more I looked into it the more I thought I should plant this and I should introduce this to the world," Vicky said.

Now, the farm grows more than 200 moringa trees, which are harvested for their leaves. Two baby moringa trees can be spotted outside the entrance to the café at 38201 10th Ave. Now, Living Food uses moringa in everything they possibly can, including bread, cakes, tea and soup.

Aside from moringa products, which are some of the most popular on the menu, Vicky has seen a trend of chocolate lovers.



Cookies are one of the most popular items at Living Food Bakery. So much so they do not have time to develop new cookie recipes they are so busy keeping up with current ones.

Chocolate cake, mousse and chocolate breads are top hits at the bakery. Coffee is also served for those who want more of a kick in the morning, and select sandwiches are offered at lunch.

When it comes to the Lins, they are a team. A former fashion technical designer, Vicky is full of ideas. Bernard has grown up in the restaurant business, his parents having owned multiple restaurants since he was a child. He has since worked in Chinese bakeries, American bakeries, a Latin restaurant and a sushi restaurant, and he brings in different aspects and tastes from all of them in his unique recipes, his wife said.

"My husband is a genius baker. He literally takes my idea and makes it into real stuff. He's the doer, I'm the thinker," she said with a big laugh. "I always come up with these crazy ideas and he has to help me accomplish most of them."

The outdoor patio adjacent to the

restaurant offers extra seating for anyone who wants to enjoy the fresh air and listen to the calm flow of the nearby fountain. Vines full of big green leaves are starting to grow across a trestle, which will one day produce passion fruit and passion flowers.

It will be another year before it produces fruit, but she has some of the same vines on her farm, which are likely to bear fruit in about six months. She plans to make juice from the fruit, a sweet concoction mixed with a little bit of honey.

A long-term goal for Vicky is to incorporate Chinese herb medicines into her pastries. Normally bitter and "disgusting" tasting, she wants to incorporate them in a way so they taste sweet, allowing consumers to experience their health benefits, she said.

Living Food Farm Fresh Bakery and Café can be reached at (813) 715-0622. Options for catering, weddings and parties at the store's 10th Avenue location are available.

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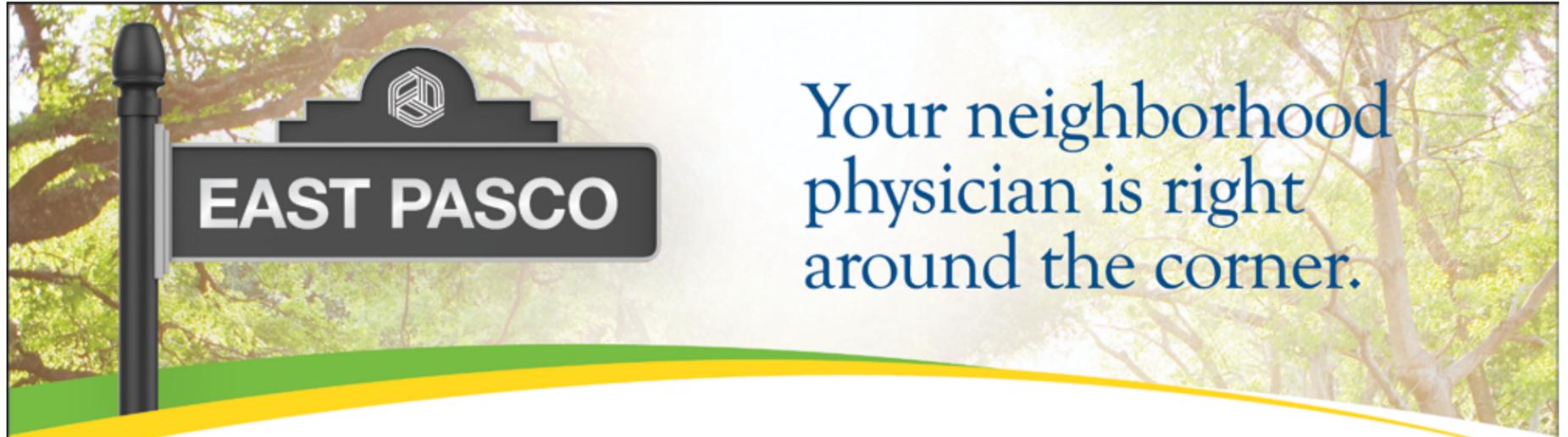
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March 17 – Women Celebrating Women – Held at the Pioneer Florida Museum, 15602 Pioneer Museum Road from 11:30 a.m.-1:30 p.m. with guest speakers Jane Castor and Paula O’Neil. Tickets are limited to 125 guests. \$21 each includes lunch are available at www.alsaland.com.

March 18 – Paulie Palooza – The fifth annual music and vendor festival benefitting Gulfside Hospice will be held from 10 a.m.-5 p.m. at the new Zephyrhills Community Event Venue, located at 5200 Airport Road. Live bands will perform and the festival will also feature local vendors, silent auctions and drawings. Cost is a \$5 wristband donation, and food will be available for purchase. Guests are encouraged to bring their own lawn chair. Contact Ashley Thibedeau at (727) 845-5707 or Ashley.thibedeau@ghppc.org, or visit Facebook.com/GHPPC for information and vendor and sponsor opportunities.

March 18 – Quilt Show and Spring Tea – Tippecanoe Village Quilters will hold their Quilt show and Spring Tea from 10 a.m.-1 p.m. at the clubhouse, 34521 Iris Blvd. Admission is \$3. Our 2017 quilt will be raffled off, drawing is at 1 p.m. and you need not be present to win. We also will have new quilts on display, challenge quilt items and a sale table.

March 18 – Local Business Expo – This inaugural business expo will be held from 10 a.m.- 3 p.m. at 6151 12th St., inside the Erickson Auditorium at First Nazarene. Vendor applications are being accepted, contact (615) 483-4356 or pastornickdeford@gmail.com for information and to reserve a space. Proceeds from the expo go towards a “Back to School, Back to Work” fund, providing childcare for single parents looking to go back to work or school. Admission is free and raffles and other prizes will be featured.

March 18 – Model Train Show – Stop by the Zephyrhills Depot Museum, 39110 South Ave., for the 2017 model train show and swap meet from 9 a.m.-2 p.m. Parking and admission is free. Help operate the interactive 4 train system, climb aboard a 1974 Class M-8 caboose, shop at various vendors and win door prizes. Call Bill at (813) 782-0700 for information.

March 18 – Spring Vendors Fair – Presented by Hillbilly Farms, 10325 U.S. 98 in Dade City, the home of gluten free baked and dry goods. Stop by from 10 a.m.-3 p.m. and shop for jewelry, candles, honey, makeup, pet care, crafts, coffee and more. Live entertainment will feature Jeremy “E” and a special Elvis tribute show from 12-1:30 p.m. Yard-salers welcome and vendors needed. Contact monthlyvendorevents@gmail.com for information.

March 18 – Trilby Homecoming – Plan to join us for our 12th annual Trilby Homecoming Picnic. It will be great to see everyone again and also make new acquaintances. Longtime, former, and new Trilby families and friends are always welcome. Picnic starts at 10 a.m. with a covered dish dinner at high noon, held at Charlotte Tomkow Whittington’s Hunter Hill property, 36315 Tomkow Lane in Dade City, west of Trilby. Bring your family’s old Trilby photos and stories and a lawn chair and a covered dish and share a good visit with us. Call (352) 523-5772 for information.

March 18 – Household Hazardous Waste and e-waste Collection – County residents can safely dispose of household hazardous waste and recycle their electronics during this event. Free to Pasco residents, however \$5 charge

for each television, computer monitor, computer tower or laptop. A \$10 charge applies for televisions 36 inches or larger. For a full list of items that can be dropped off visit bit.ly/2mx7K0h or call (352) 521-5116. Held at Pasco High School Stadium, 36850 S.R. 52 from 8 a.m.-2 p.m.

March 18 – Dogs’ Day in Dade City – The eighth annual event will be held at Agnes Lamb Park, 14200-14246 Ninth St., from 10 a.m.-2 p.m. Vendor spaces are available for a fee of \$30 or \$10 for non-profits. Contact Lucy at (352) 424-4872 or visit dogsdayindadecity.com for information and event details.

March 18-19 – Fine Art Show and Sale – Attention art lovers – the Zephyrhills Art Club will be holding its annual art show and sale at the Zephyrhills Elks Lodge # 2731, located at 6851 Wire Road. This is a great opportunity to view and purchase works created by local artists. Doors open to the public at 1 p.m. each day with artists available throughout the day. If your walls have a bare spot, come on in, take a look around and pick up that perfect piece. Call (813) 780-8562 for information.

March 20 – Restored Hope Golf Tournament – The second annual tournament will be held at Lake Jovita Golf and Country Club, 12900 Lake Jovita Blvd. Registration opens at 7:30 a.m. with a shotgun start at 8:30 a.m. Golfers are still needed, so come out and support this nonprofit that assists those in need by helping families and individuals in the Dade City, Zephyrhills and surrounding East Pasco communities with basic needs. Cost is \$100 and includes golf, cart, lunch and prizes. Contact (352) 437-4815 or diggerpiz@aol.com for information or to register.

March 21 – Southfork Entertainment Series – Southfork Mobile Home Park presents Rich Wilson performing musical memories, a show featuring a variety of musical styles to please everyone from pop to country to gospel and everything in between. Show starts at 7 p.m. with tickets at \$7.50 each. Call Tom at (937) 645-9064 for information. Southfork is located at 10808 U.S. 98.

March 21 – Too Blessed to be Stressed? – We all have pressures in life but some loom larger than others. Doug Higgins will discuss ways to manage stress from a faith perspective. Held from 11 a.m.-12 p.m. at the Creation Health Wellness Center, 38233 Daughtery Road. Call (813) 779-6476 for information and required reservations.

March 22 – Learn About Robotic Knee Replacement – If you suffer from a degenerative knee disease Florida Hospital Zephyrhills invites you to attend a free educational program, “Total Mako Robotic Knee Replacement” from 12-1 p.m. in the hospital’s Cypress Room at 7050 Gall Blvd. Trey Alexander, MD, board certified orthopedic surgeon, will share how the Mako robotic-arm assisted surgery is a new alternative to this orthopedic problem. Reservations are required. Call (877) 534-3108 to reserve a space.

March 22-24 – Betmar Chorus Spring Concert – This is the 45th year of song in Betmar. We offer a wide selection of music including patriotic, sacred, novelty and classic popular songs. Come join us on Wednesday 2 p.m. and Thursday or Friday at 7 p.m. Held at Betmar Clubhouse 2, 37137 Lakewood Drive in Zephyrhills. A donation of \$5 is requested. Tickets available at the door or call Art or Jan at (813) 788-9606. Betmar is a 55 and older community.

March 23 – Journaling Through Grief – A workshop offered by Gulfside Center for Hospice Care in Zephyrhills. This is an experiential workshop using a variety of writing techniques and exercises designed to express and work through the grieving process. Held at 2 p.m. at 5760 Dean Dairy Road. The workshop is free and open to the public. Limited seating is available. Call (727) 247-7510 to RSVP.

March 25 – Darby Harvest Country Store Community Sale and Market – Come see what our vendors and neighbors have to offer. There are a number of local vendors selling their products and we also have an area for yard sale type items. If you want to have yard sale and unable to have at your residence, this is for you. Space is free. Held at 31116 Darby Road. Call (813) 526-6631 for information. This event is free and open to the public.

March 25 – Pie Festival – Eat pie at the Zephyrhills Pie Festival, presented by the City of Zephyrhills Entry and parking are free. Held 11 a.m.-6 p.m. at Zephyr Park, 38116 Fifth Ave. Pay \$10 for the unlimited pie buffet. Festival will also feature kids area, entertainment, crafter village, pie eating and baking competitions, scavenger hunts and more. Call Simply Events at (727) 674-1464 for information.

March 26 – United States Marine Corps Band – A performance featuring the United States Marine Corps Band will be held at 3 p.m. in front of the Historic Courthouse in downtown Dade City. Bring a chair or blanket and the whole family to enjoy this unique experience. Call the Dade City Chamber of Commerce at (352) 567-3769 for information.

March 28 – Southfork Entertainment Series – Southfork Mobile Home Park presents Ireland’s Happy Man, Cahal Dunne, for a performance featuring his Irish humor and music. Show starts at 7 p.m. with tickets at \$7.50 each. Call Jim at (352) 206-2754 for information. Southfork is located at 10808 U.S. 98.

March 29 – Presentation from Holocaust Survivor – The public is invited to hear author and Holocaust survivor Pieter Kohnstam present “Narrow Escape: A Flight to Freedom,” at 10:30 a.m. in Saint Leo University’s Student Community Center Greenfelder-Denlinger Boardrooms, located at 33701 S.R. 52. Admission and parking are free. Kohnstam was a childhood friend of Anne Frank. His family and the Frank family were neighbors in Amsterdam before the Franks went into hiding from the Nazis in 1942. Contact Megan Orendorf at (352) 588-8401 or Jennifer.orendorf@saintleo.edu for information.

March 31 – Relay for Life of Zephyrhills – This year’s Relay for Life festival will be held from 6 p.m. to midnight at Main Street Zephyrhills, 38454 Fifth Ave. downtown. Relay for Life is the signature fundraising event for the American Cancer Society’s programs of research, education, advocacy and service programs that can reduce cancer deaths and cancer incidence, and improve the quality of life for those touched by cancer. Visit www.relayforlife.org/zephyrhillsfl for information or to register. Call (404) 329-5113 with questions or to get involved.

April 1 – Open House – Holy Name Monastery will be holding an open house for the new retreat wing from 2-4 p.m. at 12138 Wichers Road in St. Leo, just south of S.R. 52. Refreshments will be served.

April 1 – Cruise In – Free event featuring DJ Starvin’ Darvin and a hula hoop contest for kids. Come on down with your prized car/truck, or just with the family to check out all the wonderful antique and specialty cars. Enjoy lunch at one of our many exceptional restaurants, and shop in out antique and specialty shops. Held in downtown Dade City from 1:30-5:30 p.m. Contact the Greater Dade City Chamber of Commerce at (352) 567-3769 for information.

April 1 – Market Place – Fresh produce, garden accessories, home decor, soaps, honey, jewelry and so much more. Pet friendly event held in Hibiscus Park from 10 a.m.-3 p.m. Contact Lucy Avila at (352) 521-5858 or lucyavila707@gmail.com for information.

April 1 – Prelude to Easter Concert – The Florida Hospital Zephyrhills Chorale will present “A Prelude to Easter” starting at 5 p.m. at the East Pasco Seventh-day Adventist Church, 7333 Dairy Road. This free, community concert is an annual spring event led by conductor Marvin Robertson, PhD. FHZ Chorale members volunteer their time and are comprised of hospital employees and non-employees who have a gift for and love of music. The concert features Teresa Ancaya on piano and Keith Rasmussen on organ and as part of the brass ensemble. Reservations are not taken.

April 2 – Uncorked in Dade City – The Garden Club is proud to present the third Uncorked in Dade City, an adventure in wine, food and music. Held at the club, 13630 Fifth St. from 3-6 p.m. There will be six unique wines to sample, each set up in wine stations in the beautiful gardens, paired with appropriate appetizers. Gift basket raffle tickets and wine will be available for purchase. Contact Debbie at (352) 567-9003 or DebLParks@aol.com for tickets and information.

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MORNINGSIDE RV ESTATES

Fashion For A Cause

Submitted By *Lynn Kosto*
Morningside RV Estates

“Fashion should be stylish and fun!” said Twiggy. Fun it was the afternoon of March 1 at Morningside RV Estates. One hundred and four ladies enjoyed a light lunch and a fashion show presented by Solutions of Dade City. An original fashion show followed which was created by our hostesses. A donation of \$361 was presented to Sunrise of Pasco County, a domestic and sexual violence center located here in Dade City.



Fashion show committee members Marilyn Johnson, Gloria Friday, Brenda Sapeta, Sally Kohlmeyer, Shirley Majeski, Jackie Wazny and Terry Fox.



Fashion show models Rita Morgan, Dory Demmons, Shirley Trzebiatowski, Beanie Hatch, Lynn Swinson and Dee Clark took to the Morningside “catwalk” to show off their style.

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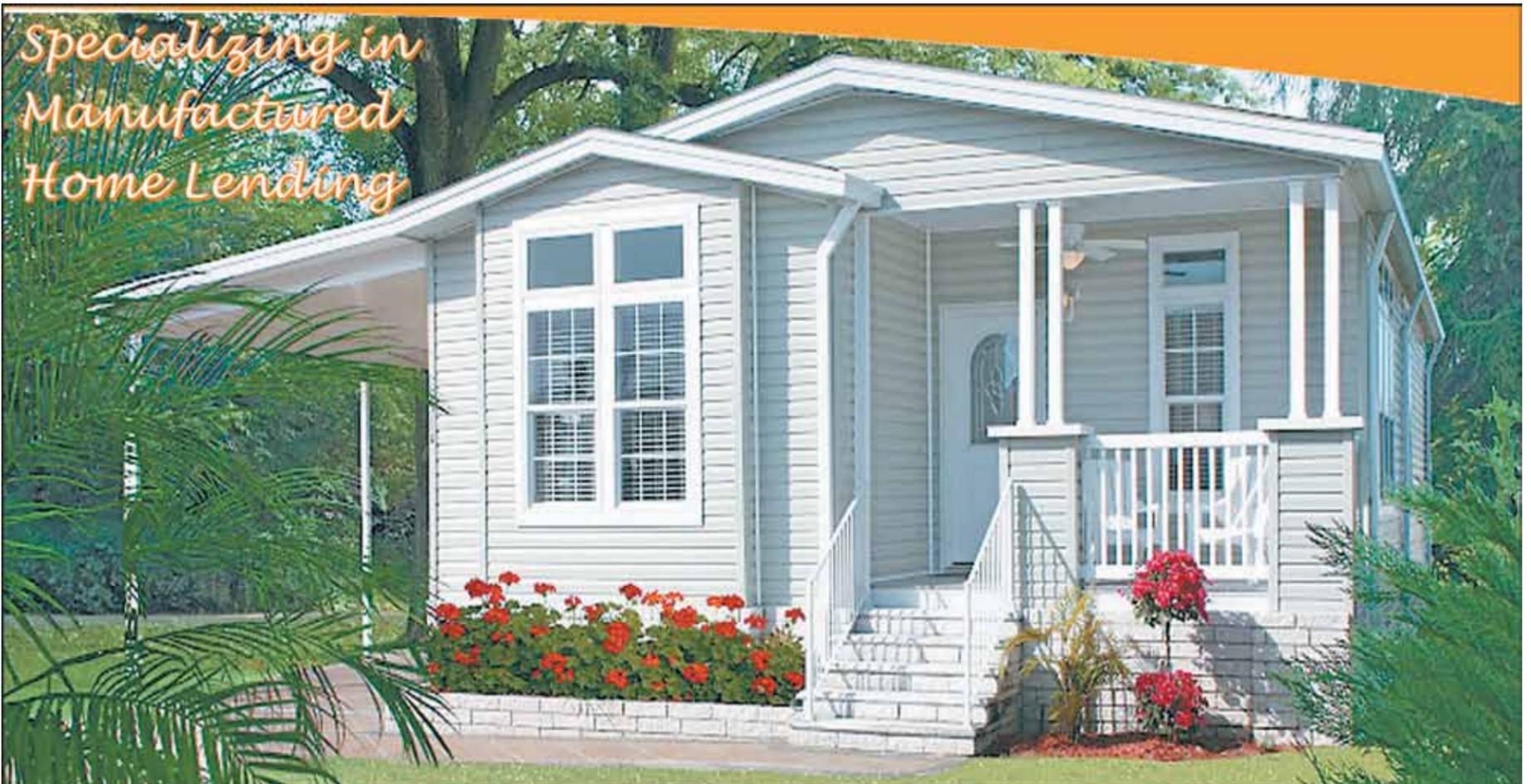
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Health And Wellness
 by **Danielle Albritton, DO**
 Board Certified Family Medicine
 Florida Hospital Prompt Care

Ideas For Better Sleep

Have you ever had trouble sleeping? According to National Sleep Foundation's Inaugural Sleep Health Index, almost half of Americans have experienced poor or inefficient sleep at least once a week. WebMD and the Centers for Disease Control have assembled the most common issues that can affect your sleep and ways to deal with them:

- Blue light from technology can keep your brain stimulated for hours after turning it off. Instead, try reading by a soft yellow light prior to bed.
- Try to go to bed and wake up at same time even on weekends. Use a bright light to begin the day.
- Try to limit naps to 20 minutes.
- Don't look at the clock all night.
- Have the appropriate pillows and

mattress support. Keep the thermostat in the 60s.

- Try airtight dust proof mattress covers to help eliminate allergies.
- Avoid doing work in bed.
- Don't work out hard too closely to bedtime.
- Avoid caffeine after lunch.
- Eat only a light snack 1 hour before bedtime instead of a heavy meal.
- Avoid alcohol – it makes for a restless sleep.
- Don't drink liquids about 2 hours before bed.
- Try white noise to cancel out disruptive sounds.
- Avoid nicotine – it is a stimulant.
- Avoid pets in the bed – this goes for children too.
- Avoid stressful thoughts before bed. Try meditation, prayer, or journaling.
- Be careful with sleeping pills. Use of them should be short term while lifestyle changes are made.

See your physician if sleepiness still occurs longer than 2-4 weeks. Hopefully, you can use one or more of these ideas to help you get a better night's sleep.

Dr. Danielle Albritton is a Board Certified Family Medicine physician with Florida Hospital Prompt Care and can be reached by calling (352) 567-3325.

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MAJESTIC OAKS CAREFREE RV RESORTS

Majestic • Continued from Page 1A

While you may not break a sweat the competition can still be fierce. The game has been around for over 500 years and since then very little has changed.

Shuffleboard is a game where players use cues to push weighted discs, sending them gliding down a narrow, elongated surfaced court, with the aim of having them stop within a marked scoring area.

Annually, Majestic Oaks holds a shuffleboard tournament. Pierre Caouette has set up the annual event since its inception. With Pierre's unexpected early departure, Jack Whitman, Cal Latham and Fred Racine stepped up to make it happen! The teams for the tournament played all day, as teams were eliminated. Until you are



Jack Whitman awards the winners, Dan McKenzie and Cal Latham, the plaque that will bear their names.

down to the last few teams, then the competition is stiff. Marilyn Irvine and Carlton Berry were undefeated during the morning of play, but they lost their winning ways during the afternoon play. Don't count out the 'old guys.' Cal Latham and Dan McKenzie played hard to beat the team of Fred Racine and Dennis Gour, to become the 2017 winners of the annual Majestic Oaks Shuffleboard Tournament.

Cal Latham is a repeat winner, but with different partners each year. We can assume that there will be many people looking to knock Cal into the "kitchen" next year and take his crown!

Shuffleboard is actually very easy to learn and play. Watching can be just as much fun and exciting! So, if you're not a shuffleboard enthusiast yet, give it a try – you might just like it!



Shufflers Judy Stewart, Nancy Lash and Marilyn Irvine take a break while conversing with Walt Lorenc.



Runner-up team Dennis Gour and Fred Racine being awarded their prizes by Jack Whitman.



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Founders • Continued from Page 1A

procession. This year's judges were former mayor Cliff McDuffie; Tracy Sullivan, a long-time volunteer member of the Zephyrhills Planning Commission; and City of Zephyrhills Human Resource Director Sandra Amerson.

Overall winner and best miscellaneous car and truck went to Rainbow Village. Other awards included: Zephyrhills High School marching band for best marching or walking unit; the Elks Lodge #2731 with best club entry; the Westwind Girl Scouts with best display of theme; Our Savior Lutheran Church as the best entry from a religious organization; Zephyrhills Little League won best entry for a youth organization; San Antonio Federal Credit Union won best business entry; the Pasco County Sheriff's Mounted Posse took home the award for best equestrian unit.

The Zephyrhills Police Department and city manager Steve Spina kicked off the parade, followed by Zephyrhills Fire Rescue. Before the parade went any



The classic cars representing the Zephyrhills Historical Association were perfect to remind parade onlookers of the bygone days in Zephyrhills history.

further, Zephyrhills resident Johnny Ellis led the crowd in the National Anthem, followed by the Pledge of Allegiance

and a short prayer, thanking everyone for coming together to celebrate the founding of Zephyrhills.

Next up in the parade was Grand Marshal Jean Murphy, who sat atop a white convertible. She wore a festive green dress and held a parasol on the cloudless day. Murphy has lived in Zephyrhills for more than 50 years, raising her son Alan and daughter Lynn, who rode in the parade beside her. Murphy successfully operated a travel agency for more than 30 years and was married to her beloved husband, Pat, for 42 years. In addition to holding many leadership positions in community and civic organizations, Murphy was the music director for the First Baptist Church and a founding member of the Daybreak Rotary Club of Zephyrhills.

"It's quite an honor – quite an honor. But there are others who deserve it more than I do," Murphy said of being named grand marshal. "My children grew up here. I've just been involved in many things so I enjoy it. I really enjoy it."

Dozens of entries were asked to go along with this year's theme of classic

Founders • Continued on Page 9A



Country Aire Village King and Queen Fred and Shirley Schaeding give their best parade wave as they make their way down Fifth Avenue.



Emerald Pointe RV Resort Royalty Elmer and Joanne Ledbetter wave to their subjects along the parade route of the 107th Founder's Day Parade.



King Dale Hunt and his queen Rhoda Hunt represented Sweetwater RV Park at the Founder's Day Parade in downtown Zephyrhills.

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The residents of Westbrook Manor were in Candy Land for their float to go with the Classic Board Games theme for the 107th Founder's Day Parade.

Founders • Continued from Page 8A

board games, a theme which was seen in numerous entries depicting Monopoly boards, Battleship, Candy Land, Sorry and Scrabble, to name a few. Members of the Greater Zephyrhills Chamber of Commerce dressed up as individual letters, portraying Scrabble tiles and gentlemen from Happy Days and the Zephyrhills Elks Lodge #2731 had the honor of portraying the wealthy and investment savvy monopoly man, Rich Uncle Pennybags.

City Councilman Alan Knight said it is always a joy to see the different ideas people express in their entries.

"They're beautiful; they're wonderful. There's a lot of creativity and a lot of imagination," Knight said.

Kings and queens of local senior parks proudly waved to spectators while just behind them young girls donning French braids and leotards cartwheeled through downtown.

Pasco County Sheriff Chris Nocco could be seen trailing behind the rest of his deputies, taking time to shake hands with children, pass out necklaces and candy, and talk to those sitting front and center for the downtown affair.

While the judges' stand occasionally blared music, some of the entries provided their own musical accompaniment. The Zephyrhills High School marching band, the Stewart Middle School Band and the ZHS JROTC marching band filled downtown with classic marches and popular tunes. A gentleman in the back of the Zephyrhills Historical Associations' classic car played the accordion with a big smile across his face.

"It's an absolute gorgeous day; a perfect day for small-town America. And

that's what we are so proud of and the turnout," Councilman Knight said. "We truly still do have a lot of values you can see – we're just so proud of not only of the parade but the people that turn out."

Mayor Gene Whitfield couldn't agree more, pointing out how the parade has grown and developed through the years.

"My arm's sore from throwing all the candy but we enjoyed it, it was a lot of fun," the mayor said following his ride in the parade. "The city crew does a great job of managing it so [the parade] can move through, we can have vendors here and still protect the citizens so they don't get out in the traffic or anything, so I think it's really improved a lot."

After 107 years, the city of Zephyrhills has grown but has been able to maintain its small-town atmosphere that is represented in the Founders' Day parade every year.



Complete with a parasol, Grand Marshall Jean Murphy waves to the crowd for the 107th Founder's Day Parade.

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SWEETWATER RV RESORT

Catching Up With Sweetwater Park Boasts Busy Calendar All Season

Submitted by **Judy Pearce**
Sweetwater RV Resort

The residents of our 'Sun RV Resort' have been enjoying another winter season together. Bonnie Kae Rindfleisch, guest services, often heads-up monthly special events, supported by 'Sun'. There was a long-term resident recognition at the Feb. 9 morning coffee/donut time, and the Valentines' banana split social was excellent! There was an Appreciation Day Park Picnic on March 7, along with the usual music jam. Residents have also been recognized for their contributions, with a box of chocolates and an appreciation sign at their home.

On Jan. 13, our new King and Queen, Dale and Rhoda Hunt, were inaugurated at a coronation dance, featuring Pure Country Gold. Dale is also our Running Water Club President this year, and Rhoda is the secretary.

On Feb. 28, Rhoda organized an all-day

shuffleboard tournament of 19 teams, and lunch was offered as well. The winning team got 252, the highest score you can get in shuffleboard apparently!

On Feb. 10, the outdoor music jam space was used at nighttime for an outdoor concert with The Legends. Another concert was held on March 11 at 7 p.m. Every Tuesday afternoon, various performers from many parks perform on our outdoor stage from 1-3 p.m. Hotdogs and soft drinks are also sold beforehand, as well as a 50/50 draw near the end of the afternoon. The last jam of the season was on March 14.

A concert was held on Feb. 11, featuring The McGuires, a gospel duo from Perth-Andover, New Brunswick, Canada. Todd McGuire is a nephew to our own Norm McGuire, and Norm made all the arrangements. He and his daughter, Margaret, sang a song with his nephew and wife, Penelope, during their performance. The McGuires have been performing at parks and churches in Florida, and recently toured Georgia and Tennessee. They have been nominated for the East Coast Music



Sweetwater RV Resort residents for over 20 years, in random order, include Lou and Mary Jane Disbrow, Emilee Wallace, Betty Keller, Ken and Alice Nichols, Elphriede Pfister, Dale Sanders, Wilma Fournier. Not attending were Carl Cross, Newt and Bonnie Altizer, Doris Steele and Marge and Shorty.

Photo by **Cinda McCormick**



Judy Dishon with her 'Sun' Resident Appreciation Award.

Photo by **Cinda McCormick**



Sweetwater's 2017 King and Queen Dale and Rhoda Hunt.

Photo by **Cinda McCormick**

Award for Gospel Record of the Year.

On Feb. 25, our first annual Golf Cart Rodeo was enjoyed in the afternoon by about 80 people. Best buddies Norm and Roy 'ham-it-up' and win the Top Award, making the event more enjoyable for everyone. They are seen with green leis, just like the Formula 1 drivers. All winners won a gift certificate and tiny trophy. The organizer, Judy Dishon, may consider

a scavenger hunt for future events. She was glad to get so many people involved in something different – whether as participants or volunteers.

Our Sunday evening ice cream socials have been organized this season by Cindy Walton, and she has been doing a great job, with a variety of 'after-treat' speakers and entertainers. Jan. 29 included an 'oldie-wed' game, organized and run by Cinda McCormick. On the Feb. 12 birthday and anniversary evening, we enjoyed listening to Richard Woodworth, who has an extended collection of inauguration and presidential history memorabilia and many stories of moments over the years. The similar March 5 evening included our own David Kai, accomplished keyboard/piano player, who plays in our Sunday Christian fellowship music, with The Legends and as an accompanist at our weekly music jams.



Cindy Walton thanking Sweetwater resident, David Kai, for his wonderful piano recital at the March 5 birthday/ anniversary ice cream social where more people attended than ever before.

Photo by **Cinda McCormick**

Another program resurrected this year is a monthly park potluck dinner, held the second Sunday afternoon of each month. The February meal was well-attended and enjoyed by all. We also had our Canada Day parade and luncheon again this year on Feb. 16, with a special focus of celebrating Canada's 150th anniversary year.



'Hotdog Guy' Roy Fournier at one of Sweetwater's Tuesday afternoon music jams.

Photo by **Dale Sanders**



Gospel Duo Todd and Penelope of The McGuires from New Brunswick, Canada.

Photo by **Dale Sanders**



Sweetwater's inaugural Golf Cart Rodeo winners Norm McGuire and Roy Fournie.

Photo by **Cinda McCormick**

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Mike Seyfer Inducted To Shuffleboard Hall Of Fame

Submitted by Earl Ball

Some shuffleboard players have a flair for the dramatic. Mike Seyfer of the Zephyrhills Shuffle Club waited until the last Florida Central District Tournament at Winter Haven to qualify for the Hall of Fame. Seyfer was inducted on Friday during the Hall of Fame Classic held at Winter Haven. He qualified on March 2 by winning his first three matches in two straight games, each giving him the last point he needed. He is the sixth member of the Zephyrhills Club to earn induction.



Mike Seyfer

Cook-Marshman, Strong-Ball Win State Shuffle Titles

Linda Marshman had good fortune shine on her when 1,000-point Green Jacket Master Joan Cook's partner had to back out of the Betmar State Spring Championship. Marshman's partner also stepped aside to give Marshman the best chance to chase her Hall of Fame dream. The twosome won the championship and now Linda needs only one more point; they won all but one game in the March 6 tournament. They went three games in the semi-final but handled the rest of their matches in two straight.

Henry Strong and Earl Ball won the men's version of the same championship but not so easily. They came back from a 74-24 hole in the very first game of the tournament and the second match featured a two-hour first game in which both teams made it to 40 only to go back to zero. The crowd was treated to a very exciting back and forth kitchen game by four excellent kitchen players. The quarters went three games as Strong and Ball lost the second game but won out from there.



Linda Marshman and Joan Cook



Henry Strong and Earl Ball

McNeil-Taylor Win All-Trophy Championship

The 4-Park League held their season ending Championship for all the players who placed in the four parks individual park tournaments. The All-Trophy Tournament was held at Betmar and ended on Friday. The team of Don McNeil and Harry Taylor from the Betmar Club won the championship. They were forced to a third game only in the semi-finals.



Don McNeil and Harry Taylor

Linder-House Win Amateur Championship

Ray Linder and Don House of the Betmar Shuffleboard Club won the Central District Amateur Championship held at Betmar on Feb. 25. They barely got past the second match in three games and could have missed their



Ray Linder and Don House

chance had they not won the lag for color. The only other challenge they faced was during the championship match when they trailed big time in the second game but made a gallant comeback for victory and the championship.

Houghtaling-Walker Take District Title

Zephyrhills Shuffleboard Club members John Houghtaling and Lyle Walker drew each other as partners for the Central District Championship held Feb. 23 at Betmar and they won the championship. They lost only one game in the tournament and that was in the semi-finals where they also trailed by 35 points in the deciding third game but made a big comeback to reach the finals and face Jerry Collins (Zephyrhills) and Earl Ball (Betmar). The first game was anyone's to win but Houghtaling and Walker won and finished things off by winning the second game too, allowing Walker to tie Collins for the final "Masters" spot with one tournament left in the season.



John Houghtaling and Lyle Walker

Ruess-Way Win Area Championship

DeLane Ruess of Betmar and Tony Way of ZSC won the Zephyrhills-Winters Park Area Shuffleboard Tournament on Feb. 22. They escaped the quarters when – in the last frame – DeLane, trailing by a point, was able to keep the winning block when his opponent missed his chance twice to hold an open 8. The championship match went three games but none were close.



DeLane Ruess



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Hillcrest • Continued from Page 1A

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around the park.

Rounding out the breakfast crew are Robb and Cindy Fugaccia, Bill Hofman, Dan Moulaison, and Bill Murray who are not in the pictures but are equally important to the activity. Our kudos to each and every one of them for being willing to get up before the roosters on Monday mornings so we can enjoy this special event each week.



Dale Smith picks up his orange juice as Pat Bower and Alison Wray get more cups ready. In the back are two of our cooks Tom Richardson and Wilson Brown.



Lea Compton ladles strawberries on to the pancakes while Charlie Dent holds the plate before delivering it to the resident who ordered this delectable dish.



Ken Ledford and Paul Magnan take breakfast orders and collect the money.



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Local Business Expo To Be Held This Saturday

Pastor Wants Scholarship To Help Single Parents

by Keri McAlpine

When pastor Nick Deford was tending to a 3 a.m. feeding of his newborn baby, he thought of an idea. He had been on the search for a community outreach project for his church, Zephyrhills First Church of the Nazarene, and one of his recent interactions popped into his mind at that moment.

It was around Christmastime, and a local retail business owner told Deford how they wished there were more opportunities to connect with customers and clients, especially when the snowbirds are in town.

“I bet we could do something about it,” Deford remembered telling the storeowner. “At the same time the idea came together while I wanted to do something for single parents and I had the idea we could put the proceeds from it toward a scholarship fund for single parents.”

And so, the church’s inaugural Zephyrhills Local Business Expo was set up and scheduled for March 18. Local businesses are encouraged to register and sign up for a vendor space and the community is invited to attend and mingle.

Proceeds from the event will go towards a “Back to School, Back to Work” fund, which will provide childcare for single parents planning on returning to school or work. Children will be taken care of by the church’s day care program, free of cost.

Many single parents are at a

disadvantage as far as work or school opportunities go because of the need for childcare. But the cost sometimes outweighs the benefit.

Interested parents need to fill out a simple application in order to be approved for the chance to receive the benefit, Deford said.

Vendor spaces are still available, and will be accepted until the day of the event, which will be held inside the Erickson Auditorium at First Nazarene, 6151 12th St. The expo will be held from 11 a.m. to 3 p.m., with the goal of connecting businesses and their customers.

Vendors have already begun to submit prizes for raffle baskets and a 50/50 will be held that day.

Refreshments will be available for purchase through the church and a food truck, Ned’s Kitchen, will offer scrumptious sandwiches and sides. Retail vendors are invited to bring items to sell at the expo.

Deford said he wants to have at least 35 vendors signed up for the event, and hopes it will grow in the future. Indoor and outdoor spaces are available ranging from \$25 to \$40.

“I think we’re going to be doing pretty good by the time people get their info in,” he said. “Stop by and get to know some local businesses and providers.”

To contact Deford call 615) 483-4356; or email pastornickdeford@gmail.com to register for a vendor space; or for information visit Facebook [@localbusinessexpo](https://www.facebook.com/localbusinessexpo).

Neighbors Helping Neighbors



On Feb. 19, Jeremy Vanhooose, along with his wife Norma Jean, were presented donations totaling \$3,067 to help with his medical bills as he has a serious heart condition. Jeremy was the maintenance man for Country Aire Village for about a year before his condition forced him to stop working. Sherry Baxter, Jeremy’s co-worker, presented him and Norma Jean with money collected by C.A.V. street captains. Pictured are Jeremy, Norma Jean, Barb Rosin and Sherry Baxter. Best of luck to Jeremy and Norma Jean and God bless you. *Submitted by Doug Brown*



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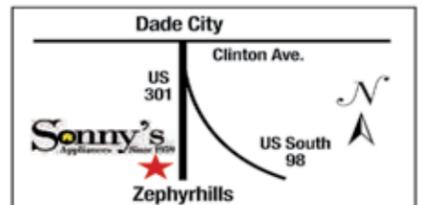
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