

Merry Christmas!

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# EAST PASCO Senior News

Volume VI • Issue 4

Your Community News Source • EastPascoSeniorNews.com

December 22, 2016



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## Lighting Up Our Days

By Ian Marwick *The Happy Scribe*  
Happy Days RV Park

You can not ignore the banging of ladders, the ripping open of boxes, the voices of encouragement pointing out those missed locations to our senior acrobats, (and the occasionally mild oath this sometimes evokes), the struggle of returning those snake like coils of festivity, called lights, to a workable string 10 feet in the air. And, of course, those smiling, laughing neighbors filled with the seasons flee, or cheer, watching this annual rite unfold throughout the park!

Ah, Christmas, a joy to behold. However, not everyone falls in line this quickly. With those well-loved carols unfortunately blaring in many stores even before Halloween is put to bed, it is sometimes difficult to begin

*Happy • Continued on Page 2A*



Mr. and Mrs. Claus (aka Dennis and Paula Cosmos) greeted everyone with holiday cheer at the Christmas dinner.



Workers for the food drive stand with more than 200 bags of collected food.

## Morningside Estates Gives Back Hundreds of Toys And Canned Goods Collected

Submitted By Lynn Kosto  
Morningside RV Estates

Morningside RV Estates residents have a lot of love to give this Christmas season. This community has sponsored "Toys for Tots" for local children and ran a Saint Vincent

de Paul food drive for the Dade City Pantry.

Linda McLaughlin chaired the Toys for Tots this year. Two large Marine boxes of new toys for local children were collected and passed out early

*Morningside • Continued on Page 7A*

## 'Labor Of Love' On Church Street Annual Event Ready For Display

by Keri McAlpine

After weeks, possibly months, of hard work and preparation, homeowners along Church Avenue are finally putting the finishing touches on their holiday decorations.

All of their hard work will be showcased in the three-day extravaganza that is Church Street Christmas.

Since 1978, the residents of Church Avenue have done their best to decorate their homes with the best lights, provide the best entertainment and sometimes even hot cocoa while thousands arrive to see the result. It is called "Church Street Christmas" to mark the significance of the event.

Harriet Riddaugh grew up on Church Avenue and purchased her grandmother's home there after moving away during and after college. Ten years after moving back to her childhood street, the house she grew up in was put up for sale and she could not turn it down.

Riddaugh said the Christmas event has grown over the years, but it has stayed consistent in providing people with a free and family friendly Christmas outing. It will be held the evenings of



Giant Christmas cards adorned the yards of the beautifully decorated homes as part of the Church Street Christmas event in Dade City last year.

Dec. 21 through 23 this year.  
"To me, Church Street Christmas is a way for us to give back to the

*Event • Continued on Page 8A*

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# HAPPY DAYS RV PARK



Residents of Happy Days get into the Christmas spirit by sharing a seat with Santa.



Happy Days residents were not shy and eagerly waited for their chance to sit on Santa's lap.



Residents couldn't help but smile when they had their chance to stand next to the man in the red suit.



The annual Happy Days Christmas dinner is just one event on a long list of holiday events that keep residents busy in December.

Happy • Continued from Page 1A

planning. The pleasure of being within the gates of Happy Days is that the Christmas spirit amongst the residents comes not only in neon or tinsel but also with our special events throughout the month, celebrating the season and the true meaning of Christmas.

What is happening in the park? Reading the activities board on Billiards Drive, you know the season is in full swing. Kicking off the weekend in the hall was our second annual Christmas craft sale – a one-stop shop, with lots of gift ideas to complete your list. Thankfully, the pension cheque is in the mail.

And the topper as always, the Christmas party on Saturday night, complete with the arrival of Mr. and

Happy • Continued on Page 3A



Santa Claus brought a bag of gifts to the Christmas dinner to make sure everyone received something special.



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# HAPPY DAYS RV PARK



The second annual Christmas craft sale was a one-stop shop for everyone's final Christmas gift shopping.

### Happy • Continued from Page 2A

Mrs. Claus (aka Dennis and Paula Cosmos) and their bag of gifts. Did you find where they parked the reindeer? Luckily, our new emcee, Roger Yerdon, our 'wizard of wit and puns,' filled in. Good job Roger, they were tough shoes from past emcees to fill. Park managers Dan and Judy Olson brought their granddaughter Ava to personally deliver her wish list to Santa (it took about 10 minutes.) Sorry Dan, not much left in the household budget.

Whew, better open another "boost" to fire up the energy levels for the next few weeks. The second annual fashion show

will be held next. Featured of course will be our world famous (at least within Happy Days) models strutting along the runways. Gentlemen, no pictures, please! And our intrepid Hoc Choir that evening, walking the park, serenades their fellow residents with all out traditional carols. If you can hum, you can join in. The favorite candlelight service will be held in the hall on Christmas Eve, and on Christmas Day Happy Days will host the Christmas dinner.

But, the season is still not over until that last kick at the cat, the New Year's Dance. Those old dancing shoes need unpacking and given a good polish. See you there.

# Senior Circle Meets At Bayfront Health Dade City



Bayfront Health Dade City Senior Circle members enjoy a monthly hot breakfast while discussing the December calendar of events. Senior Circle is for individuals age 50 or better interested in pursuing an active lifestyle, learning about health and wellness, and meeting others. Visit BayfrontDadeCity.com or call (352)518-1087 to learn more about the program. Photo courtesy of Richard K. Riley



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# AREA HAPPENINGS

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**Dec. 21-23 – Church Street Christmas** – Enjoy an evening on Church Avenue with lined luminaries, Christmas music, life-size Christmas cards and more. Held down Church Avenue in Dade City from 7-9 p.m. each night.

**Dec. 22 – How to Stay Out of Rehab** – There's no place like home because that is where the heart is. A presentation on how to stay out of rehab and live the life you love (at home) will be held from 2-3 p.m. at 38233 Daughtery Road. Reservations are required by calling Florida Hospital Zephyrhills at (813) 779-6683.

**Dec. 28 – Community Outreach Day** – Pasco Vet Center will be hosting a Community Outreach Day at the Winn-Dixie located at 1230 S Broad St. in Brooksville from 10 a.m.-2 p.m. A Readjustment Counseling Tech will be on site and benefits referral services will be onsite. Services provided include counseling for Post-Traumatic Stress Disorder, Military Sexual Trauma, bereavement counseling, marriage and family counseling, and resources like VA benefits information and suicide prevention referrals. All services onboard the MVC are confidential and provided at no cost to the Veteran and family members. Call (727) 372-1854 for information.

**Dec. 29 – America's Auction** – Come and save some money on store closeouts, inventory reductions, bankruptcies, estate liquidations, abandoned storage lockers, and more. Lots of surprises each week as each week is different and there are always bargains for everyone. Held at 12735 VFW Road in Dade City.

**Jan. 4 – Ask an Orthopedic Surgeon** – Trey Alexander, MD, board certified

orthopedic surgeon, will host a forum and answer questions about aching joints from 12:15-12:45 p.m. in Florida Hospital Zephyrhills' Cypress Conference Room, 7050 Gall Blvd. "Getting Down to the Bare Bones" is a casual, conversational program designed for individuals who have concerns about arthritis, hips or knees. Attendees should be prepared to ask Dr. Alexander their questions publicly. Light refreshments will be provided. There's no charge to attend, but reservations are required by calling (877) 534-3108.

**Jan. 5 – Making Good on Your Resolutions** – Don't miss this presentation to get you back on track and motivated to make good on those promises. Held from 11 a.m.-12 p.m. at 38233 Daughtery Road Zephyrhills. Reservations required: (813) 779-6476.

**Jan. 7 – Cruise In** – Free event featuring DJ Starvin' Darvin and a hula hoop contest for kids. Come on down with your prized car/truck, or just with the family to check out all the wonderful antique and specialty cars. Enjoy lunch at one of our many exceptional restaurants, and shop in out antique and specialty shops. Held in downtown Dade City from 1:30-5:30 p.m.

**Jan. 7 – The Market Place** – Fresh produce, garden accessories, home decor, soaps, honey, jewelry and so much more are featured at the monthly market. This is a pet friendly event. Contact Lucy Avila at (352) 521-5858 or [lucyavila707@gmail.com](mailto:lucyavila707@gmail.com) for information.

**Jan. 10 – Soup of the Day** – Soup's on. Terra Healthy Fresh Food restaurant in Zephyrhills will prepare a delicious soup that will entice your palate. Held from 2-3 p.m. at 38233 Daughtery Road in

Zephyrhills. Reservations required by calling (813) 779-6476.

**Jan. 12 – Carpal Tunnel Syndrome Made Easy** – Randolph Knight, orthopedic surgeon, will facilitate a community presentation on carpal tunnel syndrome, what it is, how it can affect one's sleep and activities, and treatment options that may include minimally invasive surgery. Questions are welcome. Held from 1-2 p.m. in the Cypress Room at Florida Hospital Zephyrhills, 7050 Gall Blvd. Light refreshments will be provided and complimentary valet parking is available. Reservations are required by calling (877) 534-3108.

**Jan. 12 – Bingo and Education** – Florida Hospital Zephyrhills will host its first Bingo of 2017 from 2-3 p.m. in the Creation Café located at 7050 Gall Blvd. Guest speaker Debra Dungan, RN, MSN, CEN, will give a short presentation on the signs and symptoms of a stroke before the games begin. Guests will be treated to sponge cake with assorted toppings and whip cream as well as coffee. Prizes will be given to Bingo winners. There is no charge to attend. Due to space limitations, reservations are requested by calling (877) 534-3108.

**Jan. 13 – Taking Care of Your Priorities** – Are you hoping to stay focused and true to what's important to you? Held from 11 a.m.-12 p.m. at 38233 Daughtery Road Zephyrhills. Reservations required: (813) 779-6476.

**Jan. 14 – Raising Cane** – Come check out how cane syrup was made and get your sweet and spicy on by being a part of our chili cook off or salsa competition. This sweet and spicy event will be held from 9

a.m.-4 p.m. at the Pioneer Florida Museum, 15602 Pioneer Museum Road. We'll also have the strong woman iron skillet toss, greased pole climbing, live music and, of course, different vendors. Call (352) 567-0262 or visit [www.pioneerfloridamuseum.org](http://www.pioneerfloridamuseum.org) for information.

**Jan. 19 – Putting the Past Behind You** – Everyday we have a choice. We can learn to forgive and move forward despite the pain of our past. It's been medically proven that forgiveness helps the physical healing. Held from 1-2 p.m. at 38233 Daughtery Road Zephyrhills. Reservations required: (813) 779-6476.

**Jan. 21 – BBQ and Blues Festival** – The 7th annual Pigz in Z'hills BBQ and Blues Festival will be held from 10 a.m.-6 p.m. at a new location: 5200 Airport Road in Zephyrhills. Parking is \$10 and admission is free. Pilots can fly in to the airport. The festival will include a BBQ competition, live music, kids fun zone, classic car show, business expo, military history museum and aviation display and show. Proceeds benefit local youth and education programs. Call (813) 782-1913 or visit [zephyrhillschamber.org](http://zephyrhillschamber.org) for information.

**Feb. 11 – Wisconsin-Upper Peninsula Michigan Picnic** – The 2017 potluck picnic will be held at the First Methodist Church Hall located at 38635 Fifth Ave. in Zephyrhills. Registration will start at 10 a.m. with activities starting at noon. Bring a dish to pass for 10-12 people and your own place setting. Meat, coffee and dessert will be provided. Bring your own drinks, no alcoholic beverages allowed. A \$4 donation per person is requested. Entertainment and door prizes will be provided. Contact Vicki Arndt at (608) 790-1210 for information.

## WELCOME BACK

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### East Pasco Senior News

Publication and Deadline Dates 2016-2017 Season



Deadline Date:	Publication Date:
November 3	November 10
November 17	November 24
December 1	December 8
December 15	December 22
December 29	January 5
January 12	January 19
January 26	February 2
February 9	February 16
February 23	March 2
March 9	March 16
March 23	March 30
April 6	April 13

The East Pasco Senior News runs every other week from Nov. 10, 2016 through April 13, 2017. We look forward to receiving news and photos from your community. Send submissions and good quality pictures to [cdrews@pasconewspubs.com](mailto:cdrews@pasconewspubs.com) or drop by the office at 38440 5th Ave., Zephyrhills, FL 33542.

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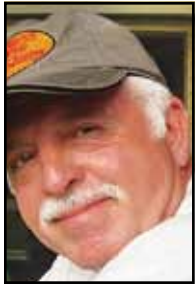
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# Commentary



## First Things First

Greg First

# It's A Nutty Time Of Year

The movie "Butch Cassidy and the Sundance Kid" came out in 1969. In that movie was a song called "Raindrops Keep Falling on My Head" written by Hal David and Burt Bacharach. The song was recorded by B.J. Thomas and, according to Wikipedia, needed seven versions before it met the satisfaction of the perfectionist Bacharach.

During the last few months, probably most of us would prefer raindrops falling on our heads as opposed to acorns falling all over the place.

The amount of rain in this area was well below average for November and the amount of acorns is well above what it has been for years.

I remember this happening several years ago and it makes mowing the grass more interesting and at times more fun than paintball. I still mow my own lawn but most of my neighbors use companies that come in with a bunch of zero turn mowers and the onslaught begins. These acorns can become a projectile that can put a hurt on any vehicle's surface or people or pets within range of the discharge of these mowing machines.

One of the good things is that the

squirrels love them so much that they have been backing off of my squirrel-proof (LOL) bird feeder. As a matter of fact the once very agile tree rats have gotten so fat from these nuts that they can barely climb the tree anymore and probably don't even want to. The cardinals and songbirds are coming back in full force once again because they don't have to compete with squirrels or me running out like a maniac banging on a pan trying to scare off Rocky and all of his furry buddies.

A friend of mine told me to buy one of those remote control fart machines and he claims that every time a squirrel makes it to the feeder he pushes the button on the remote and the rodents jump to the ground after they heard some of the strange sounds that the machine makes. Oh, if you want to have fun with some of your friends you can download one on your mobile phone. It's a great conversation piece.

I was watching a young guy riding his skateboard a few weeks ago and all of a sudden his wheel hit an acorn and the board came to an immediate full stop, however he did not and looked like someone trying out for the U.S. Olympic team. I would give him a 7 out of 10 for his front flip and roll combination.

These things are getting to be a pain. My friend has a metal roof and says every time an acorn falls on it his dog thinks someone is trying to break in and sounds the alarm. At times this can continue all day and night.

So on behalf of all the raccoons, turkeys, opossums, ducks, jays, pigeons, woodpeckers, deer and the other animals that love these tasty treats, I want to say thank you. To them it is like going to an all-inclusive resort or buffet where you can eat all you want. For us it is something we are going to have to deal with and hopefully it won't happen again for a long, long time.

# GEM ESTATES

## Multiple Games Offered This Year

### Bulletin Schedule Includes Cards, Marbles And More

Submitted by *Mabel Budzinski*  
Gem Estates

Every week more activities are starting and our residents can be as busy as they want to be. Monday night Euchre begins at 6:30 pm. Many participants arrive at 6 p.m. to "practice." This week's winners of bragging rights go to Mary Kay Lynch and Larry Sharp. If you would like to learn to play this game, there are a lot of good players who are excited to teach newcomers.

Deann Harrington heads up the marble game on Tuesday nights at 6 p.m. Wednesday at 10 a.m. is shuffleboard. This week Marlin Thomas was a three game winner.

Karen Wyant has chair exercise at 9 a.m. on Monday, Wednesday and Friday. Ellie Brookins follows each day with Stepping To The Beat at 10 a.m.

On Thursday morning, 108 Gem Estates residents enjoyed coffee, donuts and conversation. Linda Files opened the gathering by asking Wayne Getchell to give the invocation. Richard Burgess added a bit of humor and started our day with a good laugh. The golf cart and bicycle parade was held on Dec. 17 at 5:30 p.m. Line up began at 5 p.m. A cookie social was held in the clubhouse following the parade.

Watch the marquee for upcoming activities. Our first "special" entertainment will be The Sugar Bear Band on Jan. 6. See Lee Heffelfinger or Tess Stacy for tickets. Tickets are \$10 for the show which will begin at 7 p.m.

Last, but not least, Bingo starts the first Wednesday in January.

## American House Presents Alzheimer's Support Group For Caregivers

Caring for a loved one with Alzheimer's disease is one of the most difficult jobs. It can create overwhelming stress, especially if you're trying to do it all alone. That's why American House Zephyrhills is offering a support group led by Anna Davis, LPN.

Gain valuable information about multiple aspects of Alzheimer's disease, plus garner emotional and social support from others in the

same situation at the meetings. Support groups will be held the first Thursday of every month through Dec. 7, 2017 from 11 a.m. to 12 p.m. No RSVP is necessary. Just come and get support from other caregivers.

American House Senior Living Communities is located at 38130 Pretty Pond Road in Zephyrhills. Call (813) 400-2263 or visit AmericanHouse.com for information.





## FLORIDA HOSPITAL ZEPHYRHILLS

### Florida Hospital Zephyrhills January Events

**JAN 4** **Getting Down to the Bare Bones**  
Attend this informal Q&A with Board Certified Orthopedic Surgeon Dr. Trey Alexander. Reservations required. Call (877) 534-3108.  
**Wednesday, January 4 | 12:15 pm - 12:45 pm**  
Florida Hospital Zephyrhills Cypress Conference Room  
7050 Gall Boulevard, Zephyrhills

**JAN 12** **Bingo in the CREATION® Café**  
Join us for Bingo, vanilla donuts, coffee and a brief presentation by Deb Dungan, RN, MSN, CEN, Florida Hospital Zephyrhills Clinical Data Analyst, about the signs and symptoms of a stroke. There will be prizes, too! Reservations required. Call (877) 534-3108.  
**Thursday, January 12 | 2:00 pm - 3:00 pm**  
Florida Hospital Zephyrhills CREATION® Café (First Floor)  
7050 Gall Boulevard, Zephyrhills

**JAN 4** **Diabetes & You Support Group**  
If you're diabetic and become ill due to seasonal viruses or a compromised immune system, Kim Friedmeyer, RN, MEd, Clinical Nurse Educator for Florida Hospital Zephyrhills, will provide great tips on how to manage these sick days so you recover more quickly and stay out of the hospital. Reservations required. Call (813) 715-6683.  
**Wednesday, January 4 | 3:00 pm - 4:00 pm**  
Florida Hospital Zephyrhills CREATION® Health Wellness Center Education Room  
38233 Daughtery Road, Zephyrhills

**JAN 24** **8-Week CREATION® Health Challenge**  
This eight-week class runs through March 14 and will teach you how to integrate Choice, Rest, Environment, Activity, Trust, Interpersonal Relationships, Outlook and Nutrition into your life. Reservations required. Call (813) 779-6476.  
**Tuesday, January 24 | 2:00 pm - 3:30 pm**  
Florida Hospital Zephyrhills CREATION® Health Wellness Center  
38233 Daughtery Road, Zephyrhills



**JAN 5** **Making Good on Your New Year's Resolution**  
Whether your resolution pertains to weight loss, exercise, connecting with others or starting a new hobby, don't miss a presentation by Casio Jones, MHA, Wellness Director, as he provides motivation and suggestions for turning resolutions into reality. Reservations required. Call (813) 779-6476.  
**Thursday, January 5 | 11:00 am - Noon**  
Florida Hospital Zephyrhills CREATION® Health Wellness Center Education Room  
38233 Daughtery Road, Zephyrhills

**JAN 27** **Kick Start Your New Year's Eating Plan**  
Join us as Myriam Parham, RD, CDE, Diabetes Education Coordinator, discusses how to get on track for healthier eating this year. Group participation is encouraged. Reservations required. Call (813) 779-6476.  
**Friday, January 27 | 11:00 am - Noon**  
Florida Hospital Zephyrhills CREATION® Health Wellness Center Education Room  
38233 Daughtery Road, Zephyrhills

**JAN 12** **Carpal Tunnel Syndrome Made Easy**  
Join us as Dr. Randolph Knight, Orthopedic Surgeon, focuses on carpal tunnel syndrome symptoms and minimally invasive surgery options. Reservations required. Call (877) 534-3108.  
**Thursday, January 12 | 1:00 pm - 2:00 pm**  
Florida Hospital Zephyrhills Cypress Conference Room  
7050 Gall Boulevard, Zephyrhills

**JAN 30** **Current Treatment Options for Shoulder Pain**  
Dr. Brian Dobby, Board Certified Orthopedic Surgeon, will discuss different types of shoulder pain and treatment options. Reservations required. Call (877) 534-3108.  
**Monday, January 30 | Noon - 1:00 pm**  
Florida Hospital Zephyrhills Cypress Conference Room  
7050 Gall Boulevard, Zephyrhills

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# Pioneer Museum Celebrates Christmas Country Style

## Train Rides And Santa Draw A Big Crowd

by Keri McAlpine

The Pioneer Florida Museum & Village held its annual Country Christmas event on Dec. 10. Visitors were greeted with dozens of holiday and outdoor activities to get them excited for the annual visit from the man in the red suit.

Event organizer Brenda Minton said the many additions to this year's event most likely contributed to its increased attendance of 1,200 people compared to years past of about 800.

Santa Claus came down from the North Pole to take pictures with children and families, and to check his list twice before the big day. While kids weren't finalizing their own lists, they had plenty to do between face painting, live entertainment, and arts and crafts.

"It went very well. We had a steady flow of visitors all day," Minton said.

Other additions included a petting zoo and barrel train rides, which were both

hits.

"The train rides were non stop all day long," Minton said, who has been organizing Country Christmas for the past two years.

After the successful holiday event, Minton is looking forward to January and Raising Cane: A Sweet and Spicy Event.

Raising Cane features the Southern Syrupmakers Association, who sponsor the sweet side of the day – cane syrup. However, this year a chili cook off will be added to the itinerary, adding a spicy flavor to the mix. A cook off sanctioned by the International Chili Society will be available for ICS members, and a people's choice cook off is available for any locals who are willing to provide two gallons of their best chili for the day.

For information on the Jan. 14 Raising Cane, and other events at the Pioneer Museum, visit [www.pioneerfloridamuseum.org](http://www.pioneerfloridamuseum.org) or call (352) 567-0262.



Leia Minton, 3, was one of the first children to sit on Santa's lap and discuss the possibilities of presents. Santa and Mrs. Claus were Larry and Oaklee Gagnon of Dade City and Litchfield, Mich. This was their sixth year in their portrayal for the Pioneer Museum.

Photos by Richard K. Riley



Victoria Mann of the Mann Ranch in Trilby, feeds one of her calves that is blanketed for the early morning weather at the Pioneer Museum on Dec. 10.



In addition to a Country Christmas, the Pioneer Museum had vendors selling and buying train sets, tracks and parts. The Trilby Depot provided three sizes of model trains running and on display.



Elizabeth Cannell, 4, of Zephyrhills learns her letters on an old fashioned i-Pad.

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# New 7-Eleven Opens



A new 7-Eleven store opened Dec. 14 at 7600 Gall Blvd. The store, which is corporately owned, represents a nearly \$800,000 investment when the price of the property and the building are combined. A 7-Eleven spokesman said the business wanted to increase its market presence in Zephyrhills because of the growth that is occurring in the city and surrounding area. *Photo by Joe Potter*

Morningside • Continued from Page 1A



Gary Crandlemire, chairman, Joyce Barton, Berlin Comer, Sue Gilham and Dean Piece served as the start up crew for this year's canned food drive.

this week.

Gary Crandlemire chaired the food drive this year with several residents doing the pre-work of stapling information to bags, picking up bags of canned goods, and delivering the food to the pantry. today was all in a day's work. Over 200 bags of food were collected.

Thanks to the residents for their love of giving.

"Its not how much we give but how much love we put into giving," as Mother Teresa said.



Linda McLaughlin, chairman of the Toys for Tots drive, places toys in the donation box to be passed out to local children.



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# The Edwinola Will Live On

## Facility Will Be Renovated And Reopened

### Staff Report

Birchwood Health Care Properties of Chicago is in the process of purchasing The Edwinola in January with plans to reopen in the spring of 2017, according to Darcielle Gray.

Gray was the administrator of The Edwinola when it closed in September after then-owner American Senior Living of Dade City decided to sell the facility at 14235 Edwinola Way.

Birchwood is a health-care real estate investment firm, which invests in senior housing, nursing homes and specialty health-care real estate.

Approximately \$750,000 in improvements is planned for the building, according to a company press release. They will include upgrading the fire alarm and protection systems and improving the porch and sidewalk to meet Americans with Disabilities Act standards. Also, the walls in the common areas will be repaired and repainted as well as some units. Kitchenettes will be incorporated into some of the independent living units.

The Edwinola operates out of a landmark downtown building that dates back to 1912 when it was constructed as one of the city's first hotels.

"We want to keep the historic and unique look of the building, but we also want to ensure the safety of our residents through strict compliance with all state and federal guidelines," said Sevy Petras, CEO of Priority Life Care, the team that will be managing

The Edwinola.

The Edwinola Retirement Community has 264 rooms that will be used for independent living and assisted living. Two separate floors will be dedicated to Alzheimer's and Dementia care.

The Edwinola will cater to residents by offering amenities such as three meals a day, housekeeping and laundry, as well as daily activities and outings.

"Our community is centered around independence," Petras said. "Residents are able to move into our independent living and enjoy their retirement even as they age and need care."

The Edwinola, which has been a retirement community for more than 30 years, was the subject of a 2015 investigation by the Agency on Healthcare Administration that resulted in a moratorium on the admission of new patients.

Several residents moved out of the Edwinola following the violent deaths of two residents.

An Alzheimer's patient fatally beat another Alzheimer's patient there on April 13, 2015.

Also, a 55-year-old woman died on April 21, 2015, after she jumped or fell from a second floor balcony. She lived in a secure area of The Edwinola but she was permitted to go on the balcony because it was a common area where residents could smoke.

The state also received reports of instances where several patients had wandered out of the facility's "lock down" unit. Dade City police found some patients at various places including nearby highways. The Edwinola's staff was reportedly not aware of the absence of these patients until police notified them.



Traditional, festive lights brought this historic Church Avenue home to life during last year's Church Street Christmas.

### Event • Continued from Page 1A

community," Riddaugh said. "A lot of times people will come back home for Christmas and that's where they see everyone they grew up with and old friends so it's nice to be out on the street and see people you haven't seen in a long time. It really gets you in the Christmas spirit."

The Riddaugh's house has put on a Christmas light show for the past five years, but unfortunately will not be able to set it up again this year. They will however be one of several homes and churches on the street that will set up live entertainment. Riddaugh said there would be a stage on her front lawn, which will showcase two bands and a church choir.

The roadway is closed for the annual event. This allows pedestrians to walk freely in the street and bask in the twinkling lights, including the luminaries that line it for seven blocks. An estimated 10,000 people show up each night of Church Street Christmas, Riddaugh said.

When Lynn Hickman and her husband, Steve, moved on to Church

Avenue five years ago, they were promptly told of the goings on during the holidays. Lynn was no stranger to the prospect, as there was a similar event in her hometown in North Carolina.

"Christmas is my favorite time of the year so we love Church Street Christmas," Hickman said. "I think Christmas is a time to shower our neighbors and friends and family and it just plays right in to how we feel about Christmas."

Hickman said she has been planning and decorating for more than a month, buying multiple Christmas trees and tediously placing the strings of lights on her house. Hickman's is one of several homes on the street that are more than 100 years old, and represent a historical aspect of Dade City that is nice to pay tribute to at Christmas, she said. Participation is not required of homeowners, but almost everyone does without fail come December.

"It's a lot of work, but it's worth it... it's a labor of love," Hickman said. "If it weren't for the residents on the street, if they didn't participate, there wouldn't be a Church Street Christmas."

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# Church Street Christmas Schedule of Events

**Wednesday, Dec. 21, 2016**  
**Carey Home - 37714 (Church Ave.)**  
 7:00 - 9:00 Lake Jovita Lyrical Ladies  
**First United Methodist Church - 37628**  
 7:30 - 9:00 Live Nativity - Wesley Creative School  
 7:00 - 8:00 First United Methodist Music Ministry  
 8:00 - 8:30 Kristen Williams Piano Studio  
**Shelton Home - 37604**  
 7:00 - 8:00 Calvary Assembly of God Church  
**Nastanski Home - 37540**  
 7:00 - 9:00 Just the Facts (St. Leo)  
**First Baptist Church - 37511**  
 7:00 - 9:00 First Baptist Church  
**Kassabaum Home - 37508**  
 7:00 - 9:00 Show Stoppers  
**First Presbyterian Church - 37412**  
 7:00 - 8:00 East Pasco Adventist Academy Handbells  
**Riddaugh Home - 37403**  
 7:00 - 9:00 Caleb & Zachary Balogh  
**Carr Home - 37325**  
 7:00 - 9:00 Santa Claus  
**German Home - 37312**  
 7:30 - 8:00 Miracle Temple Community Church  
**Higgins Home - 37233**  
 7:00 - 8:00 St. Rita Catholic Church Childrens Choir

**Thursday, Dec. 22, 2016**  
**Carey Home - 37714**  
 7:00 - 9:00 For The Kingdom  
**First United Methodist Church - 37628**  
 7:00 - 8:30 Christmas Kids Craft Workshop in the Christian Life Center  
**Nastanski Home - 37540**  
 7:00 - 9:00 Bag Piper Luke Barber  
**First Baptist Church - 37511**  
 7:00 - 9:00 Shepherd of the Hills Lutheran Church  
**Kassabaum Home - 37508**  
 7:00 - 9:00 Show Stoppers  
**First Presbyterian Church - 37412**  
 7:00 - 7:45 Kitty Piersall - Organist  
 8:00 - 9:00 St. Rita Catholic Church Adult Choir  
**Riddaugh Home - 37403**

7:00 - 7:30 Renovate Church & 4:12 Student Ministries  
 7:30 - 8:00 Renovate Church Kids  
 8:00 - 8:30 Renovate Church & 4:12 Student Ministries  
 8:30 - 9:00 Renovate Church  
**Ward Home - 37338**  
 7:00 - 8:00 Pasco High Jazz Band  
**Carr Home - 37325**  
 7:00 - 9:00 Santa Claus  
**Morris Home - 37247**  
 7:00 - 9:00 St. Mary's Musicians  
**Higgins Home - 37233**  
 7:30 - 8:30 Classic Christmas Stories

**Friday, Dec. 23, 2016**  
**Carey Home - 37714**  
 7:00 - 9:00 Turning Point Church - Emmet Stevens  
**Nastanski Home - 37540**  
 7:00 - 9:00 Bag Piper Luke Barber  
**Shelton Home - 37604**  
 7:00 - 9:00 For The Kingdom  
**First Baptist Church - 37511**  
 7:00 - 9:00 First Baptist Church of Wesley Chapel  
**Kassabaum Home - 37508**  
 7:00 - 9:00 Show Stoppers  
**First Presbyterian Church - 37412**  
 7:00 - 8:00 Benedictine Sisters of Florida (St. Leo)  
**Riddaugh Home - 37403**  
 7:00 - 9:00 Dennis Alfonso, Joe Teston and Domenick Ginex  
**Carr Home - 37325**  
 7:00 - 9:00 Santa Claus  
**Higgins Home - 37233**  
 7:00 - 8:00 Rez House Choir

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# Richland Recreates Christmas Tale

by Greg First and Joe Potter

Each December, Richland Baptist Church presents "The Walk Through Bethlehem." As visitors made their way through the reconstructed Bethlehem they heard a conversation between their guide and the various shopkeepers, as the story of the birth of Christ was told.

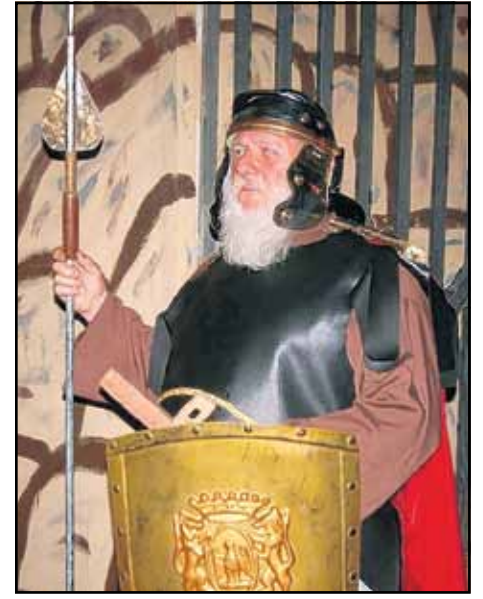
The walk included a live Nativity scene as well as the crucifixion scene and Jesus's empty tomb.

The church at 40443 Stewart Road held the walk each night from Dec. 9 to Dec. 11 starting at 6 p.m. The one-third-scale replica of the ancient city was full of residents and merchants of ancient Jerusalem.

"It is our gift to the community," Rev. Mike Warren said of the event.



Young carpenters show their off their handy work at one of the many market vendor stands. Photos by Greg First



Jim Illig poses as a city guard at the entrance of the recent Walk Through Bethlehem.



Various market vendors are set up throughout the walk at Richland Baptist Church to show spectators different aspects of life at the time Jesus was born.



Shepherds of Bethlehem wait for the birth of Jesus at Richland Baptist Church's annual Walk Through Bethlehem.



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# Defeat Holiday Stress

## Repair Fractured Family Gatherings



### Tips For The Head And Heart

by Dr. Carletta Perry

Assistant Professor of Psychology at Saint Leo University

The holiday season can leave people feeling like the Grinch who stole Christmas before his heart grew three sizes. The hustle, the bustle, the search for the “just right” present can cause holiday stress. A contentious election season also has left people fearful of family gatherings turning into dustups.

Dr. Carletta Perry, assistant professor of psychology at Saint Leo University, offered some hints for dealing with holiday stress.

The joy of the holiday is in the spirit of how we prepare and celebrate, she said. Rather than scrambling for the perfect gift or busting a budget, “know that love and time are the most valuable gifts you can give,” Perry said.

And don't overdo it.

“Starting with yourself, love you

enough to value your time,” the Saint Leo psychologist said. “Let others help you and value what others can offer. They will feel valued, and you won't be left feeling exhausted and resentful.”

Family is often the origin of our pain but it is also the origin of healing. “Don't miss out on spending time with the ones you love,” Perry said. “Be thankful for the ones who are present and honor those who are no longer present.”

She offered some practical advice for those family events: Show up with a positive attitude and a plan. “For example, take an old video to show, share pictures, or look up relatives and friends on Facebook to share in their experiences.”

Rather than being Grinch-like and hoping the Christmas season (and Hanukkah) were over already, “get in the spirit by enjoying every ‘to do’ item, planning for the special day, or cooking a special dish,” Perry advised. “Celebrate by being a part of the wonderful time of the year!”

*Dr. Carletta N. Perry is an assistant professor of psychology at Saint Leo University in the School of Arts & Sciences. She teaches at the South Hampton Road Education Center and the Chesapeake Education Office in Virginia.*



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## Our Lady of Guadalupe Celebrated with Flair



Following tradition, young children are closely associated with the shrine of “La Virgen de Guadalupe.” Overseeing the float in the parade on Dec. 11 are Sisters Yuri Peña and Dorma Cime of the Missionaries of the Light assigned to Dade City. Riding the float are, from left, Miguel Alvaez, Anette and Arlette Sanchez, Mauricio Alvaez and Alexander Villalvazo.

Photo by Richard K. Riley

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## Cut your Cooling & Heating Costs

up to **50% or more!**

Call us for a **FREE** Estimate to change your old Air Conditioning system to a...



**Goodman**  
Air Conditioning & Heating

Call about our **RECONDITIONED Used AIR CONDITIONERS** starting at **\$300**

**New HIGH EFFICIENT Comfort System.**

**EMERGENCY SERVICE AFTER HOURS - CALL ANYTIME!**



**We Can Install & Service Your AC Unit (No Sub-Contractors) Only Our Employees**

**HURRY WHILE SUPPLIES LAST**

**GREAT FOR MOBILE HOMES**

### LOOK AT THESE PRICES

2 TON .....	\$1,650
2.5 TON .....	\$1,750
3 TON .....	\$1,900
4 TON .....	\$2,250
5 TON .....	\$2,500

**NEVER BE HOT AGAIN**

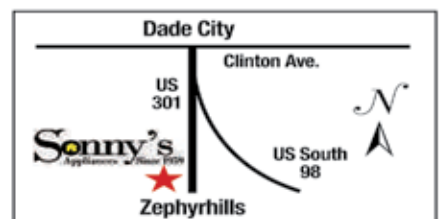
(NO DEALERS PLEASE)  
**CASH OR CHECK - NO CREDIT CARDS**

**PICKUP ONLY • DELIVERY AVAILABLE • INSTALLATION AVAILABLE**

**[www.sonnysappliances.net](http://www.sonnysappliances.net)**

**Sonny's**  
Discount Appliances Since 1959  
**352-567-6224**

10651 Highway 301 South Dade City, FL 33525  
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HOURS: Monday-Friday 9AM-6PM; Saturday 9AM-5PM  
Closed Sundays to be with Family



\* SEE DEALER FOR DETAILS. PHOTOS ARE FOR ILLUSTRATION PURPOSES ONLY.

